



## Race 05 U13 Boys (Yr7 &amp; 8) 2,520m (12:50 PM)

| POS | Int-Sch | BIB  | ATHLETE              | REGION & CLUB                   | SCHOOL                | TIME  |
|-----|---------|------|----------------------|---------------------------------|-----------------------|-------|
| 1   |         | 341  | Macsen Watts         | EWAL-Blaenau Gwent AC           |                       | 8:25  |
| 2   |         | 371  | Lucas Howard-Machado | SWAL-Cardiff Archers            |                       | 8:29  |
| 3   |         | 356  | Elliott Rowe         | NWAL-Deeside AAC                |                       | 8:52  |
| 4   | 1       | 1018 | Jac Arnold           | WSAA                            | Bro Myrddin           | 8:56  |
| 5   | 2       | 373  | Osian Phillips       | SWAL-Cardiff Athletics          | Ysgol Glantaf         | 8:59  |
| 6   | 3       | 377  | Hedd Griffiths       | SWAL-Cardiff Athletics          | Ysgol Glantaf         | 9:00  |
| 7   | 4       | 387  | Tomos Cai Davies     | WWAL-Carmarthen Harriers        | Bro Myrddin           | 9:02  |
| 8   |         | 386  | Jude Jenkins         | WWAL-Neath Harriers             |                       | 9:04  |
| 9   |         | 389  | Harri Roberts-Truman | WWAL-Neath Harriers             |                       | 9:06  |
| 10  |         | 388  | Deklan Roberts       | WWAL-Llanelli AC                |                       | 9:07  |
| 11  |         | 379  | Lewis Durston        | SWAL-Bridgend Athletics         |                       | 9:08  |
| 12  | 5       | 1135 | Jude White           | WSAA                            | Welshpool High School | 9:09  |
| 13  |         | 375  | Jacob Rixon          | SWAL-Bridgend Athletics         |                       | 9:12  |
| 14  |         | 360  | Casper Kissane       | NWAL-Deeside AAC                |                       | 9:13  |
| 15  |         | 343  | Elliott Hanratty     | EWAL-Newport Harriers           |                       | 9:18  |
| 16  |         | 380  | Ioan Vale            | SWAL-Aberdare Valley AAC        |                       | 9:19  |
| 17  | 6       | 376  | Jack Harries         | SWAL-Cardiff Athletics          | Pencoedtre High       | 9:19  |
| 18  | 7       | 1148 | Rhys Morgan          | WSAA                            | YG Bro Morgannwg      | 9:22  |
| 19  |         | 374  | Rowan Green          | SWAL-Bridgend Athletics         |                       | 9:24  |
| 20  |         | 357  | Henry Jones          | NWAL-Denbigh Harriers           |                       | 9:26  |
| 21  | 8       | 1082 | Gethin Griffiths     | WSAA                            | Llanidloes            | 9:27  |
| 22  | 9       | 391  | Isaac Mcadie         | WWAL-Swansea Harriers           | Ysgol Gyfun Gwyr      | 9:29  |
| 23  |         | 372  | Nate Greig           | SWAL-Bridgend Athletics         |                       | 9:31  |
| 24  |         | 392  | Jack Griffiths       | WWAL-Swansea Harriers           |                       | 9:32  |
| 25  |         | 345  | Eli Gilbert          | EWAL-Newport Harriers           |                       | 9:34  |
| 26  | 10      | 378  | Archie Griffiths     | SWAL-Bridgend Athletics         | Cowbridge             | 9:35  |
| 27  | 11      | 1145 | Jaxon Brown          | WSAA                            | YG Bro Morgannwg      | 9:35  |
| 28  |         | 359  | Perry Marsland       | NWAL-Menai Track & Field        |                       | 9:39  |
| 29  |         | 361  | Dewi Eifion Williams | NWAL-Eryri Harriers             |                       | 9:41  |
| 30  | 12      | 1083 | Llywelyn Turner      | WSAA                            | Llanidloes            | 9:44  |
| 31  |         | 342  | Dylan Powell         | EWAL-Rhymney Valley AC          |                       | 9:47  |
| 32  |         | 382  | Finlay Griffiths     | SWAL-Bridgend Athletics         |                       | 9:48  |
| 33  | 13      | 1048 | Raphael Magic        | WSAA                            | Dyffryn Taf           | 9:48  |
| 34  |         | 344  | Ernest Maley         | EWAL-Newport Harriers           |                       | 9:51  |
| 35  |         | 390  | Gethin Thomas        | WWAL-Carmarthen Harriers        |                       | 9:54  |
| 36  |         | 358  | Finlay Potter        | NWAL-Deeside AAC                |                       | 9:56  |
| 37  |         | 363  | Isaac Garcia Lucas   | NWAL-Denbigh Harriers           |                       | 9:57  |
| 38  | 14      | 1175 | Rhys Edwards         | WSAA                            | Ysgol Calon Cymru     | 10:00 |
| 39  |         | 353  | Seb Carwardine       | EWAL-Chepstow Harriers          |                       | 10:00 |
| 40  |         | 383  | Django Summerill     | SWAL-Aberdare Valley AAC        |                       | 10:01 |
| 41  |         | 381  | Billy Wedlake        | SWAL-Barry & Vale Harriers      |                       | 10:01 |
| 42  |         | 364  | George Henderson     | NWAL-Deeside AAC                |                       | 10:03 |
| 43  | 15      | 1147 | Sam Hunt             | WSAA                            | YG Bro Morgannwg      | 10:06 |
| 44  | 16      | 1008 | Owen Hedd Davies     | WSAA                            | Bro Myrddin           | 10:09 |
| 45  | 17      | 1119 | Henry Rowlands       | WSAA                            | Newtown High School   | 10:09 |
| 46  | 18      | 1189 | Jack Bendle-Huntley  | WSAA                            | Ysgol Glantaf         | 10:17 |
| 47  | 19      | 396  | Aaron Evans          | WWAL-Taf Running & Orienteering | Bro Myrddin           | 10:18 |
| 48  |         | 385  | James Preston        | SWAL-Barry & Vale Harriers      |                       | 10:20 |
| 49  |         | 398  | Ellis Bennett        | WWAL-Swansea Harriers           |                       | 10:20 |
| 50  |         | 365  | Daniel Purcell       | NWAL-Menai Track & Field        |                       | 10:23 |
| 51  | 20      | 1150 | Guto Powell          | WSAA                            | YG Bro Morgannwg      | 10:23 |
| 52  |         | 1222 | Leo Thomas           | WSAA                            |                       | 10:24 |
| 53  |         | 393  | Griff Jones          | WWAL-Swansea Harriers           |                       | 10:24 |
| 54  | 21      | 394  | Bo Cuthbertson       | WWAL-Swansea Harriers           | Ysgol Gyfun Gwyr      | 10:29 |
| 55  | 22      | 346  | Ted Lancaster        | EWAL-Blaenau Gwent AC           | Ysgol Gyfun Rhydywaun | 10:29 |
| 56  | 23      | 347  | Wilfred Goodrich     | EWAL-Brecon AC                  | Christ College Brecon | 10:29 |
| 57  | 24      | 1007 | Michael Thomas       | WSAA                            | Bro Myrddin           | 10:30 |
| 58  | 25      | 1188 | Griff Roberts        | WSAA                            | Ysgol Glantaf         | 10:32 |
| 59  | 26      | 1021 | Ben Hall             | WSAA                            | Bro Pedr              | 10:43 |
| 60  |         | 362  | Ynyr Ap Rees         | NWAL-Eryri Harriers             |                       | 10:45 |
| 61  |         | 397  | Xander Davies        | WWAL-Amman Valley Harriers      |                       | 10:47 |
| 62  | 27      | 1149 | George Davies        | WSAA                            | YG Bro Morgannwg      | 10:47 |
| 63  | 28      | 1034 | Thomas O'Brien       | WSAA                            | Christ College Brecon | 10:54 |
| 64  |         | 384  | Oliver Davies        | SWAL-Bridgend Athletics         |                       | 10:57 |
| 65  | 29      | 1084 | Harry Jones          | WSAA                            | Llanidloes            | 11:04 |

## INTER REGIONAL TEAM RESULTS

| Pos | Region             | Places |    |    |    |    |    |    |    | Pts | Total |
|-----|--------------------|--------|----|----|----|----|----|----|----|-----|-------|
| 1   | <b>SOUTH WALES</b> | 2      | 5  | 6  | 11 | 13 | 16 | 17 | 19 | 15  | 89    |
| 2   | WEST WALES         | 7      | 8  | 9  | 10 | 22 | 24 | 35 | 47 | 14  | 162   |
| 3   | NORTH WALES        | 3      | 14 | 20 | 28 | 29 | 36 | 37 | 42 | 13  | 209   |
| 4   | EAST WALES         | 1      | 15 | 25 | 31 | 34 | 39 | 55 | 56 | 12  | 256   |

## 1st Regional Team Athletes: SOUTH WALES (89Pts)

|     |  |       |
|-----|--|-------|
| 371 | Lucas Howard-Machado - Cardiff Archers (2) | 08:29 |
| 373 | Osian Phillips - Cardiff Athletics (5)     | 08:59 |
| 377 | Hedd Griffiths - Cardiff Athletics (6)     | 09:00 |
| 379 | Lewis Durston - Bridgend Athletics (11)    | 09:08 |
| 375 | Jacob Rixon - Bridgend Athletics (13)      | 09:12 |
| 380 | Ioan Vale - Aberdare Valley AAC (16)       | 09:19 |
| 376 | Jack Harries - Cardiff Athletics (17)      | 09:19 |
| 374 | Rowan Green - Bridgend Athletics (19)      | 09:24 |

## 2nd Regional Team Athletes: WEST WALES (162Pts)

|     |  |       |
|-----|--|-------|
| 387 | Tomos Cai Davies - Carmarthen Harriers (7)         | 09:02 |
| 386 | Jude Jenkins - Neath Harriers (8)                  | 09:04 |
| 389 | Harri Roberts-Truman - Neath Harriers (9)          | 09:06 |
| 388 | Deklan Roberts - Llanelli AC (10)                  | 09:07 |
| 391 | Isaac Mcadie - Swansea Harriers (22)               | 09:29 |
| 392 | Jack Griffiths - Swansea Harriers (24)             | 09:32 |
| 390 | Gethin Thomas - Carmarthen Harriers (35)           | 09:54 |
| 396 | Aaron Evans - Taf Running & Orienteering Team (47) | 10:18 |

## 3rd Regional Team Athletes: NORTH WALES (209Pts)

|     |  |       |
|-----|--|-------|
| 356 | Elliott Rowe - Deeside AAC (3)             | 08:52 |
| 360 | Casper Kissane - Deeside AAC (14)          | 09:13 |
| 357 | Henry Jones - Denbigh Harriers (20)        | 09:26 |
| 359 | Perry Marsland - Menai Track & Field (28)  | 09:39 |
| 361 | Dewi Eifion Williams - Eryri Harriers (29) | 09:41 |
| 358 | Finlay Potter - Deeside AAC (36)           | 09:56 |
| 363 | Isaac Garcia Lucas - Denbigh Harriers (37) | 09:57 |
| 364 | George Henderson - Deeside AAC (42)        | 10:03 |

## Inter Schools Scoring Teams =5

| Pos | School           | 1 | 2  | 3  | 4  | Total |
|-----|------------------|---|----|----|----|-------|
| 1   | Bro Myrddin      | 1 | 4  | 16 | 19 | 40    |
| 2   | Ysgol Glantaf    | 2 | 3  | 18 | 25 | 48    |
| 3   | YG Bro Morgannwg | 7 | 11 | 15 | 20 | 53    |
| 4   | Llanidloes       | 8 | 12 | 29 | 32 | 81    |
| 5   | Ysgol Gyfun Gwyr | 9 | 21 | 30 | 33 | 93    |

## 1st Schools Team - Athletes: Bro Myrddin (40Pts)

|      |                       |       |
|------|-----------------------|-------|
| 1018 | Jac Arnold (1)        | 08:56 |
| 387  | Tomos Cai Davies (4)  | 09:02 |
| 1008 | Owen Hedd Davies (16) | 10:09 |
| 396  | Aaron Evans (19)      | 10:18 |

## 2nd Schools Team - Athletes: Ysgol Glantaf (48Pts)

|      |                          |       |
|------|--------------------------|-------|
| 373  | Osian Phillips (2)       | 08:59 |
| 377  | Hedd Griffiths (3)       | 09:00 |
| 1189 | Jack Bendle-Huntley (18) | 10:17 |
| 1188 | Griff Roberts (25)       | 10:32 |

## 3rd Schools Team - Athletes: YG Bro Morgannwg (53Pts)

|      |                  |       |
|------|------------------|-------|
| 1148 | Rhys Morgan (7)  | 09:22 |
| 1145 | Jaxon Brown (11) | 09:35 |

